

WEEKLY ACTIVITIES



DANNEMORA
GARDENS

MONDAY

16th March

- 9.00am Aqua Aerobics
- 9.30am Table Tennis
- 10.00am Rummicub
- 10.00am Outdoor Bowls
- 11.30am Line Dancing
- 1.00pm Tai Chi - \$6
- 2.00pm Knitting/Stitch Group
- 2.30pm ZUMBA - \$6
- 3.00pm Afternoon Tea - All Welcome

TUESDAY

17th March

- 10.15-11.30am Short-Shop-Shuttle
- 10.00am 'Beginner' Bowls
- 10.30am Yoga - Margaret
- 1.00pm Petanque
- 1.30pm Canasta
- 1.50pm Indoor Bowls
- 1.30pm Movie & Popcorn - C/L 'Educating Rita'
- 2.00-3.00pm Wellness Clinic - Ann

WEDNESDAY

18th March

- 8.30am Walking Group
- 9.00-10.00am Wellness Clinic - Ann
- 10.00am Darts
- 9.30am-1.30pm 'Crystal Mountain' Swanson - \$8
- 2.00pm Men's Snooker Bingo
- 4.30pm Resident Singing Group

THURSDAY

19th March

- 9.30am Table Tennis
- 10.00am Outdoor Bowls
- 1.30pm Cards - 500 & Rummicub

FRIDAY

20th March

- 10.15am-11.30am Short-Shop-Shuttle
- 1.00pm Pilates - \$8
- 2.00pm Pool/Snooker
- 2.00pm - 3.00pm Wellness Clinic - Ann
- 4.00pm Happy Hour!
- 4.00-10.00pm 'A Night at the Trots!' Alexandra Raceway Hired Coach - \$8 each BOOK at Reception

SATURDAY

21st March

- 9.30am Art Group
- 10.00am Mah Jong
- 10.00am Outdoor Bowls
- 1.30pm Rummicub
- 1.50pm Indoor Bowls
- 4.00-6.00pm Bar Open
- Depart 6.45pm Manukau Symphony Orchestra

SUNDAY

22nd March

- 1.30pm Rummicub
- 4.00-6.00pm Bar Open