

WEEKLY ACTIVITIES

MONDAY

16th March

- 9.00am Walking Group with Marlene
- 9.00am Outdoor Bowls
- 9.00am Golf Putting followed by coffee
- 9.30 Tai Chi
- 11.00 Exercise with Ruth
- 12.30pm Snooker
- 1.30pm Art with Ann Buckley
- 1.30pm Rummikub
- 7.00pm Indoor Bowls

TUESDAY

17th March

- 8.00am Croquet Roll - up
- 9.00am Table Tennis
- 10.00am Knatty Knitters
- 10.30am Poynton Quilters
- 12.30pm Aquarobics
- 12.30pm Snooker
- 2.30pm 500 Cards
- 4.00pm Twilight Outdoor Bowls - Bowling Green
- 5.00pm St Paticks Day - Bar Open
- 7.00pm Social Bridge

WEDNESDAY

18th March

- 9.00am Hydrotherapy with Ruth
- 9.30am Line Dancing
- 9.30-12 noon Mah Jong - Beginners - Apt 1122
- 11.00 Boccia
- 12.30pm Snooker
- 1.00-3.00pm Mah Jong - Experienced - Appt 1122
- 1.00pm Lillians Croquet Lessons
- 1.30pm Art with Libby
- 5.00pm Happy Hour
- 6.00pm Carvery

THURSDAY

19th March

- 9.00am Walking Group with Bernard
- 9.15am Petanque followed by coffee
- 9.30am AUT Never2old exercises
- 10.45am AUT Never2old exercises
- 10.45am Exercise Group with Caregiver
- 1.30pm Choir Practice
- 3.00pm Indoor Bowls
- 6.00pm A la Carte (last orders by 7.30pm) Sage Restaurant
- 6.45pm 500 Cards

FRIDAY

20th March

- 8.00am Croquet Roll - up
- 9.00am Table Tennis
- 10.00am Rummikub
- 10.30am Poynton Quilters
- 11.00am Ukelele Group
- 12.30pm Snooker
- 2.00pm Mixed Pentanque
- 5.00pm Happy Hour
- 6.00pm A la Carte (last orders by 7.30pm) Sage Restaurant
- 7.30pm Bingo

SATURDAY

21st March

- 9.00am Outdoor Bowls
- 9.15am Table Tennis

SUNDAY

22nd March

- 2.00pm Sail City Stompers
- 3.00-5.00pm Zest Bar Happy Hour
- 6.30pm Christian Fellowship