

WEEKLY ACTIVITIES*



MONDAY

- 9-10am Exercise Class - Shivani
- 9.30am Outdoor Bowls
- 10-12pm Shop Open
- 1.30-3pm Table Tennis
- 1.30-2.30pm Bus - Green Bay
- 2-3pm Bus - Green Bay
- 1pm Croquet
- 1.30-3pm Watercolour Painting Class
- 1.50-3pm Petanque
- 2pm Cribbage
- 6.30pm Bingo

TUESDAY

- 9-9.30am Aquasize
- 9.15-9.45am Tai Chi (Quintin)
- 10am 500 Card Game
- 10-11.30am Croquet
- 10.30-2.00pm Pool Closed for cleaning
- 10.30-12pm Embroidery/Patchwork
- 2pm Snooker or Pool
- 3pm Choir Practice

WEDNESDAY

- 9-5pm Beauty Therapist
- 9-3pm Hair Salon
- 9.30-4pm Art Group
- 9.30am Outdoor Bowls
- 10am Mah Jong
- 10-12pm Shop Open
- 10.30-12.30pm Bus - Lynnmall
- 11-1pm Bus - Lynnmall
- 1-3pm Line Dancing
- 4.30-6pm Bar Open
- 6.50pm Indoor Bowls

THURSDAY

- 8.30am Walking Group
- 9-10am Exercise Class - Mira
- 9-3pm Hair Salon
- 10-12pm Card Making
- 10am Mah Jong
- 10.30-5pm Beauty Therapist
- 1.30pm Indoor Bowls
- 1.30-3pm Table Tennis
- 2pm Snooker & Pool
- 1-3pm Watercolour Painting Group

FRIDAY

- 9-9.30am Aquasize
- 9-3pm Hair Salon
- 9.30-10.30am Zumba
- 9.30-3.30pm Scrapbooking (Monthly)
- 10-12pm Shop Open
- 1pm Croquet
- 1.30-3.30pm Rummikub
- 1.30-2.30pm Bus - Green Bay
- 2-3pm Bus - Green Bay
- 4-6pm Happy Hour
- 6.15pm Dinner

SATURDAY

- 9.30-11am Table Tennis
- 10am Mah Jong
- 9.30am Outdoor Bowls
- 1-4pm Bridge

SUNDAY

- 11.45-1pm Bar Open