

# Assisted Living in a serviced apartment

## Tailored for you

Assisted Living is ideal for those who value their independence, but could use a helping hand here and there.

We offer a range of services from daily meals to laundry to housekeeping, with the freedom to choose what you do and don't need.

Ask us about our Assisted Living Serviced Apartments with flexible packages.



# Assisted Living Options



## Retain DHB Personal Care Support

We welcome you to utilise DHB funded personal cares services in your unit to avoid unnecessary costs, or you can use our onsite care and personal support services.

## 24-hour Emergency Assistance

Stay independent, while having the security of a 24-hour emergency call response, should you need assistance.

## Serviced Apartments with Flexible Packages

Our purpose-built one bedroom apartments have a kitchenette and bathroom, offering continued independence with support services tailored to your personal needs. Here's our full range of services that you can choose from:

Services*	✓
<b>Meals</b>	
Breakfast	
Lunch	
Dinner	
Morning & afternoon tea	
Meal Delivery	
<b>Housekeeping Services</b>	
Cleaning	
Laundry	
Daily tidy & refresh services	
Additional housekeeping services	
<b>Care &amp; Personal Services</b>	
Medication management & administration	
Personal care assistance	
Personal services by a registered nurse	
Emergency call pendant	
Companion care	
Grocery shopping assistance	

The above services may change, see a Sales Executive or Village Manager for the most updated list of services and pricing.

\*Conditions apply, see [metlifecare.co.nz/assisted living](http://metlifecare.co.nz/assisted-living)



**Call Joy today on 09 520 3123 or 021 656 934**

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**Metlifecare**  
RETIREMENT VILLAGES  
**A PLACE TO BE YOU**