



Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>KINDLY TAKE NOTE THAT MORNING TEA & ST AIDNAN'S CHURCH SERVICE HAS BEEN CANCELLED BECAUSE OF THE COVID VACCINATION ON 1st July</p>			<p>1 8:40 Aquarobics (Pool) (Araroa Lounge)</p> <p>9.00 Covid Vaccination (Residents' Lounge)</p> <p>14.30 Table Games (Araroa Lounge)</p>	<p>2 8:40 Strength & Balance Exercises (Residents' Lounge)</p> <p>9:45 Petanque</p> <p>17.00 Village BYO (Residents' Lounge)</p>	<p>3 11:15 Tai Chi (Araroa Lounge)</p> <p>15.00 Scrabble/Mahjong (Main Dining Room)</p>	<p>4 13.00 Bridge (Main Dining Room)</p> <p>14.00 Sunday Movie <i>The remains of the day</i> (Residents' Lounge)</p>
<p>5 10:15 Strength & Balance Exercises (Residents' Lounge)</p>	<p>6 10.00 "Talks on Tuesday" (Remuera Library)</p> <p>11:15 Tai Chi (Araroa Lounge)</p> <p>14.00 Physio Exercise with Aisling (Residents Lounge)</p> <p>15.00 Snooker/Pool (Drawing Room) Everybody is welcome</p> <p>17:00 Men's BYO (Conservatory)</p>	<p>7 10:00 Table Tennis (Main Dining Room)</p> <p>14.30 Arm Chair Travel (Araroa Lounge)</p> <p>15.00 Knitting & Crochet (Conservatory)</p>	<p>8 8:40 Aquarobics (Pool)</p> <p>10:30 Morning Tea (Main Dining Room)</p> <p>14.30 Table Games (Araroa Lounge)</p> <p>15.15 Talking Point Details TBA (Residents' Lounge)</p>	<p>9 8:40 Strength & Balance Exercises (Residents' Lounge)</p> <p>9:45 Petanque</p> <p>13.00 Classic Movies with U3A (Residents' Lounge) Everybody is welcome!</p> <p>16.00 Happy Hour (Araroa Lounge)</p>	<p>10 11:15 Tai Chi (Araroa Lounge)</p> <p>15.00 Scrabble /Mahjong (Main Dining Room)</p>	<p>11 13.00 Bridge (Main Dining Room)</p> <p>14.00 Sunday Movie <i>The age of innocence</i> (Residents' Lounge)</p>
<p>12 10:15 Strength & Balance Exercises (Residents' Lounge)</p>	<p>13 11:15 Tai Chi (Araroa Lounge)</p> <p>14.00 Physio Exercise with Aisling (Residents Lounge)</p> <p>15.00 Snooker/Pool (Drawing Room) Everybody is welcome</p>	<p>14 10:00 Table Tennis (Main Dining Room)</p> <p>14.30 Arm Chair Travel (Araroa Lounge)</p> <p>15.00 Knitting & Crochet (Conservatory)</p> <p>17.45 Predinner Drinks & Nibbles (Residents' Lounge)</p> <p>18.30 Mid-Winter Dinner aka White Night (Main Dinning Room) Please book @ Reception</p>	<p>15 8:40 Aquarobics (Pool)</p> <p>10:30 Morning Tea (Main Dining Room)</p> <p>14.00 U3A Play Reading (Residents' Lounge)</p> <p>14.30 Table Games (Araroa Lounge)</p>	<p>16 8:40 Strength & Balance Exercises (Residents' Lounge)</p> <p>9:45 Petanque</p> <p>17.00 Village BYO (Residents' Lounge)</p>	<p>17 11:15 Tai Chi (Araroa Lounge)</p> <p>15.00 Scrabble /Mahjong (Main Dining Room)</p>	<p>18 13.00 Bridge (Main Dining Room)</p> <p>14.00 Sunday Movie <i>Careful he might hear you</i> (Residents' Lounge)</p>



Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>19 10:15 Strength & Balance Exercises (Residents' Lounge) 11.00 Meet-up with David Seymour MP Epsom (Residents' Lounge)</p>	<p>20 11:00 Book Club (Resident's Lounge) 11:15 Tai Chi (Araroa Lounge) 14.00 Physio Exercise with Aisling (Residents Lounge) 15.00 Snooker /Pool (Drawing Room)</p>	<p>21 10:00 Table Tennis (Main Dining Room) 10.00-14.00 AOK Clothing (Drawing Room) 14.30 Arm Chair Travel (Araroa Lounge) 15.00 Knitting & Crochet (Conservatory)</p>	<p>22 8:40 Aquarobics (Pool) 10:30 Birthday & Morning Tea (Main Dining Room) 10.00-12.00 Music Appreciation in Association with U3A (Residents' Lounge) 14.30 Table Games (Araroa Lounge)</p>	<p>23 8:40 Strength & Balance Exercises (Residents' Lounge) 9:45 Petanque 16.00 Happy Hour (Araroa Lounge)</p>	<p>24 11:15 Tai Chi (Araroa Lounge) 15.00 Scrabble/Mahjong (Main Dining Room)</p>	<p>25 15.00 <i>Devonshire Tea</i> <i>(Conservatory & Araroa Lounge)</i></p>
<p>26 10:15 Strength & Balance Exercises (Residents' Lounge)</p>	<p>27 10:00 Off-Site Walking Group *Independent Resident Activity 11:15 Tai Chi (Araroa Lounge) 14.00 Physio Exercise with Aisling (Residents Lounge) 15.00 Snooker /Pool</p>	<p>28 10:00 Table Tennis (Main Dining Room) 14.30 Arm Chair Travel (Araroa Lounge) 15.00 Knitting & Crochet (Conservatory) 18.00 Pre-Dinner Drinks & Nibbles (Conservatory) 18.30 FINE DINNING (Main Dining Room) Please book @ Reception</p>	<p>29 8:45 Aquarobics (Pool) 10:30 Morning Tea (Main Dining Room) 14.30 Table Games (Araroa Lounge)</p>	<p>30 8:40 Strength & Balance Exercises (Residents' Lounge) 9:45 Petanque 17:00 Village BYO (Residents' Lounge)</p>	<p>31 11:15 Tai Chi (Araroa Lounge) 15.00 Scrabble/Mahjong (Main Dining Room)</p>	
					<p>PLEASE NOTE</p> <p>Tai chi (Tues/Sat) \$5.00 per session</p>	<p>Physio Group Exercise (Residents' Lounge) Mon/Tue/Thur/Fri \$8.00 per session</p>