



2 March 2009

Listed Company Relations
New Zealand Exchange Limited
P O Box 2959
Wellington 6140

Dear Sir/Madam

INTERIM REPORT 2009

Please find enclosed, three copies of the Metlifecare Limited Interim Report 2009, for the six months ended 31 December 2008, as required under the New Zealand Exchange Limited Listing Rules.

Yours faithfully

A handwritten signature in blue ink, appearing to read "K B De Suza". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

K B De Suza
Company Secretary

Enclosure