



21 September 2007

Listed Company Relations
New Zealand Exchange Limited
P O Box 2959
WELLINGTON

Dear Sir/Madam

ANNUAL REPORT 2007

Please find enclosed, three copies of the Metlifecare Limited Annual Report 2007, Notice of Annual Meeting and Proxy form, as required under the New Zealand Exchange Limited Listing Rules.

Yours faithfully

A handwritten signature in black ink, appearing to read "K B De Suza". The signature is fluid and cursive, with a large initial "K" and a long, sweeping tail.

K B De Suza
Company Secretary