



9 March 2007

Listed Company Relations
New Zealand Exchange Limited
P O Box 2959
WELLINGTON

Dear Sirs

HALF YEAR REPORT FOR THE SIX MONTHS ENDED 31 DECEMBER 2006

Please find enclosed, three copies of the Metlifecare Limited Half Year Report for the six months ended 31 December 2006, as required under the New Zealand Exchange Limited Listing Rules.

Yours faithfully

A handwritten signature in black ink, appearing to be 'K B De Suza', with a large, stylized initial 'K' and a circular flourish.

K B De Suza
Company Secretary

Enclosure