



25 January 2006

**NZX ANNOUNCEMENT**

Director Nominations (Listing Rule 3.3.2)

Metlifecare Limited advises that the period for nomination of directors, to be considered for appointment at the Company's Annual Meeting, to be held on 27 April 2006, opens on 27 January 2006 and closes on 27 February 2006.

Nominations may only be made by a shareholder entitled to attend and vote at the Annual General Meeting and should be addressed to:

The Company Secretary  
Metlifecare Limited  
P O Box 37463  
Parnell  
Auckland

-End-

Contact:  
Hon JK McLay CNZM, QSO  
Chairman  
Metlifecare Limited

Phone: 09 357 6931  
Macquarie New Zealand Limited