



26 August 2005

Listed Company Relations
New Zealand Exchange Limited
P O Box 2959
WELLINGTON

Dear Sirs

HALF YEAR REPORT FOR THE SIX MONTHS ENDED 30 JUNE 2005

Please find enclosed, three copies of the Metlifecare Limited Half Year Report for the six months ended 30 June 2005, as required under the New Zealand Exchange Limited Listing Rules.

Yours faithfully

A handwritten signature in black ink, appearing to read "K B De Suza".

K B De Suza
Company Secretary

Enclosure