Form 1

(Securities Markets Act 1988)

Substantial Security Holder Disclosure Notice

Tick	the appropriate box(es)								
	Notice that a person has become a substantial security holder (section 20(3)	Notice that a person has ceased to be a substantial security holder (section 21(3))							
	Notice of a change in the number of voting securities in which a substantial security holder has a relevant interest (section 21(1))	Notice of a change in the nature of relevant interest held by a substantial security holder (section 22)							
1.	Metlifecare Limited								
	Name of public issuer								
	Clifford Cook Family Trust								
Г	Name of substantial security holder								
	Level 5, 25 Broadway, Newmarket, Auckland, New Zealand Address of substantial security holder								
Г	Address of substantial security holder								
	Peter Hinton/Michael Pollard, Simpson Grierson	09 358 2222							
	Contact name for queries	Telephone number							
2.	51,928,371 87,348,541	59.45%							
Total number of voting securities of the public issuer in which a relevant interest is held Total number of voting securities securities issued by public issuer relevant interest is held									
L	Ordinary Shares Class of voting securities	One Number of votes attached to each voting security in							
	Class of voting securities	that class							
3.	BENEFICIAL RELEVANT INTERESTS	NON-BENEFICIAL RELEVANT INTERESTS							
		See attached schedule							
L.	Number of voting securities of the class in which	Number of voting securities of the class in which a							
Γ	a beneficial relevant interest is held	non-beneficial relevant interest is held See attached schedule							
		See attached schedule							
L	Percentage held at date of THIS notice	Percentage held at date of THIS notice							
		See attached schedule							
L	Percentage held at date of LAST notice (if any)	Percentage held at date of LAST notice (if any)							
4.	DETAILS OF EACH RELEVANT INTEREST	DETAILS OF EACH RELEVANT INTEREST							
5.		See attached schedule							

	Name(s) of registered holder(s)		Name(s) of registered hold	Name(s) of registered holder(s)							
6.		5	See attached schedule	See attached schedule							
7.8.	Date(s) of transaction(s)	Provision(s) of Section 5	Provision(s) of Section 5	Date(s) of transactions							
	N. I. G. d. St.		See attached schedule	See attached schedule							
	Number of voting securities	Consideration (expressed in NZ\$)	Number of voting securities	Consideration (expressed in NZ\$)							
	Private Health Care (NZ) Limited ("PHC"), Clifford James Cook and Todd Capital Limited entered into a previously disclosed Pre-emptive Agreement on 9 November 1999, providing for mutual pre-emptive, "drag along" and "carry along" obligations. By notice dated 18 April 2005, PHC offered Todd Capital and Todd Lifecare its 21,713,345 shares in Metlifecare Limited, at \$3.72 per share, under the pre-emptive provisions of the Pre-emptive Agreement. Such pre-emptive offer was due to expire at 5.00p.m. on 20 May 2005. On 17 May 2005, notice was given to PHC by Todd that it declines to accept PHC's offer. Under the terms of the Pre-emptive Agreement, PHC had the right to sell its shares, and for a period of 30 days after the date of expiry for acceptance of the pre-emptive offer referred to above, the right to require Todd to sell its shares and those of its related parties in terms of the Pre-emptive Agreement. The right to require Todd to sell such shares has not been exercised. The Pre-Emptive Agreement remains in force.										
L	Description of nature of transaction(s), i	ncluding the name(s) of	f any other party to the transaction	on(s) (if known)							
9.	Relevant documentation fo	rms part of this notice									
is not required to be filed											
has already been filed with the notice dated											
10). Nil 18/05/0)5	Private Health Care (NZ)) Limited, Clifford							
			James Cook, Todd Lifec Capital Limited, Trustee Cook Family Trust	are Limited, Todd s of the Suzanna							
	Number of pages that accompany this notice (if any) Date of (if any)	have given, or to be intending	Name(s) of any other person(s) who is (are) believed to have given, or to be intending to give, a substantial ecurity holder notice in relation to the securities in which the notice relates								
	I declare that to the best of my knowledge and belief the information contained in this notice is correct and that I am duly authorised to give this notice										
		Pollard from Simpson	21/06/05								
ļ	Signature (unless filed by electronic means other than	Grierson as age	Ciit	Date							

facsimile)

SCHEDULE DETAILS OF RELEVANT INTERESTS

NON-BENEFICIAL RELEVANT INTERESTS - 1

21			

Number of voting securities of the class in which a non-beneficial relevant interest is held

24.86%

Percentage held at date of THIS notice

24.86%

Percentage held at date of LAST notice (if any)

DETAILS OF EACH RELEVANT INTEREST

Private Health Care (NZ) Limited

Name(s) of registered holder(s)

5(2)

Provision(s) of section 5

Various

Date(s) of transaction(s)

21,713,345

Number of voting securities

N/A

Consideration (expressed in NZ\$)

NON-BENEFICIAL RELEVANT INTERESTS - 2

30,215,026

Number of voting securities of the class in which a non-beneficial relevant interest is held

34.59%

Percentage held at date of THIS notice

34.59%

Percentage held at date of LAST notice (if any)

DETAILS OF EACH RELEVANT INTEREST

Todd Lifecare Limited

Name(s) of registered holder(s)

5(1)(e)(f)

Provision(s) of section 5

Various

Date(s) of transaction(s)

30,215,026

Number of voting securities

N/A

Consideration (expressed in NZ\$)