



10 August 2006

NZX ANNOUNCEMENT

Director Nominations (Listing Rule 3.3.2)

Metlifecare Limited advises that the closing date for nomination of directors, to be considered for appointment at the Company's Annual Meeting, to be held on 25 October 2006, is 25 August 2006.

Nominations may only be made by a shareholder entitled to attend and vote at the Annual Meeting and should be addressed to:

The Company Secretary
Metlifecare Limited
P O Box 37463
Parnell
Auckland

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Contact:
Hon JK McLay CNZM, QSO
Chairman
Metlifecare Limited

Phone: 09 357 6931
Macquarie New Zealand Limited